

# Diving Board Rules

- One person on diving board at a time.
- Multiple bouncing on diving board is prohibited. One bounce only on board.
- No one is permitted on the diving board ladder while board is in use.
- No diving until the previous diver has reached the ladder.
- No horseplay allowed.
- No balls in the diving well.
- Must dive or jump straight out from board.
- Enter diving area only from diving board.
- After going off the board, swim to the ladder and exit immediately.
- Do not hang on gutters and/or ropes in deep end.
- Swimming under the board toward the back wall is not allowed.
- No non-swimmers permitted on the board. Children will be required to take swim test across the width of the dive well. Parents are not allowed to catch children from board.
- Goggles are not permitted while using the diving board.
- No floatation devices may be worn when going off the board.
- Food or drinks of any kind are not permitted while using the diving board.

Rules are set in place for the safety of all divers and swimmers by the American Red Cross, pool management, and our wonderful insurance companies.